



Activities Calendar

May 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Wellness Week	10:00 Residents Council Food I 11:00 Morning Stretch I 1:00 Bingo 3 2:15 Bowling I 3:30 Root beer and Reminisce I	10:00 Music Bingo I 11:00 Morning Stretch I 2:15 Music and Manicures I 3:30 Courtyard Strolls	10:00 Music with Dick Pensyl I 11:00 Morning Stretch I 1:00 Build a Wellness Word 3 2:15 Bingo I 3:30 Uno I	10:00 Jeopardy I 11:00 Morning Stretch I 2:15 Magazine Scavenger Hunt I 3:30 Memory Magic I	10:00 Cardio Drumming I 11:00 Cinco De Mayo Fun Facts I 1:00 Sombrero bean bag toss 3 2:15 Taco social I 3:30 Sombrero bean bag toss I	10:00 Bingo I 11:00 Morning Stretch I 2:15 Movie on the Big Screen *Residents Choice*
	10:00 News and Chat I 11:00 Morning Stretch I 2:15 Hornell Bible Church I 3:00 Catholic Mass on the Big Screen I	10:00 Catholic Mass I 11:00 Music with Ron and Dora I 1:00 Bingo 3 2:15 Bowling I 3:30 Courtyard Strolls	10:00 Gone Bananas! I 11:00 Morning Stretch I 2:15 Banana Split Social (C) 3:30 Music in the Courtyard	10:00 Bingo I 11:00 Morning Stretch I 1:00 First One Down 3 2:15 Origins of the Strawberry I 3:30 Strawberry Smoothies I	10:00 Music with George Mann I 11:00 Morning Stretch I 2:15 Fresh Fruit Tasting I 3:30 Who am I? I	10:00 Cardio Drumming I 11:00 Making Nutty Fudge I 2:15 First One Down I 3:30 Courtyard Strolls
Fruit of the Week						
10:00 News and Chat I 11:00 Morning Stretch I 2:15 Protestant Church on the big screen I 3:00 Catholic Mass on Big screen I Cultivating Kindness Nursing home Week	10:00 Bowling I 11:00 Let's Make it I 1:00 Bingo 3 2:15 Celebrating Mothers I 3:30 Courtyard Strolls	10:00 Planting Seeds of Kindness I 11:00 Morning Stretch I 2:15 Music and Manicures I 3:30 Making Smiley Face Treats I	8:00 Special Breakfast I 10:00 Bingo I 11:00 Morning Stretch I 1:00 Let's Make it 3 2:15 Canvas Painting I 3:30 Courtyard strolls	10:00 Making Dog Biscuits I 11:00 Morning Stretch I 2:15 Kindness Social I 3:30 Courtyard Strolls	10:00 Music and Motion I 11:00 Let's Make It I 1:00 2:15 Board Games, Cookies and Milk I 3:30 Courtyard Strolls	10:00 Bingo I 11:00 Morning Stretch I 2:15 Movie on the Big Screen *Residents Choice*
10:00 News and Chat I 11:00 Morning Stretch I 2:15 Protestant Church on the big screen I 3:00 Catholic Mass on the big screen I Backyard Week	10:00 Wright Brothers Airplane decorating contest I 11:00 You tube: Wright Brothers Airplane I 1:00 Bingo 3 2:15 Bowling I 3:30 Airplane flying contest I	10:00 Hummingbird Craft I 11:00 Morning Stretch I 2:15 Washer Toss (C) 3:30 Backyard Trivia (C)	10:00 Music with Michael Dennehy I 11:00 Morning Stretch I 1:00 Rock Painting 3 2:15 Bingo I 3:30 Very Hungry Caterpillar Birthday Party I	10:00 Rock Painting I 11:00 Morning Stretch I 2:15 Courtyard Planting 3:30 Lemonade in the Courtyard Shavuot Begins	10:00 Music and Motion I 11:00 Javelin Throw (C) 2:15 Courtyard Planting 3:30 Iced Tea, Music in the Courtyard	10:00 Bingo I 11:00 Morning Stretch I 2:15 Movie on the Big Screen *Residents Choice*
10:00 News and Chat I 11:00 Morning Stretch I 2:15 Protestant Church on the big screen I 3:00 Catholic Mass on the big screen I We Remember Week	29 Happy Memorial Day *No Scheduled Group activities, Activity carts available on all units* Memorial Day	30 10:00 YouTube: Memorial Day remembrance I 11:00 Morning Stretch I 2:15 Music and Manicures I 3:30 Courtyard Trivia I	31 10:00 Bingo I 11:00 Morning Stretch I 1:00 Bingo 3 2:15 Wine and Cheese social I 3:30 Courtyard Strolls	LOCATION KEY I: First Floor 3: Cranberry C: Courtyard *Calendar is subject to change*		

Activities Calendar

May 2023
Seasons

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Popping Up	9:00 Rise and Shine 1 10:00 Ball Exercising 10:50 Memory Magic 11:30 Pre -Meal News Discussion 1:30 Sensory Group (Aroma Therapy) 2:15 Bean Bag Toss 3:30 Refreshment 4:00 Let's Reminiscence	9:00 Morning Gatherings 2 10:00 Move with Music 10:50 First One Down 11:30 Pre -Meal Chronicles 1:30 Sensory Group (Massage) 2:15 Bowling 3:30 Jigsaw Puzzles	9:00 Morning Discussions 3 10:00 Bend and Stretch 10:50 Build -A- Word 11:30 Pre-Meal Trivia 1:30 Sensory Group (Video) 2:15 Music w/Alicia 3:30 Sort it Out	9:00 Morning Gatherings 4 10:00 Stretch it Out 10:50 Let's Make It 11:30 Mid-day Memories 1:30 Sensory Group (Bins) 2:15 Nature Walk 3:30 Enjoy Our Treats 4:00 Word Search	9:00 Reminiscence w/Friends 5 10:00 Exercise 10:50 Match it Up 11:30 Pre-Meal Music 1:30 Sensory Group (Aroma Therapy) 2:15 Tabletop Basketball 3:30 Refreshments	10:45 Exercise 6 11:30 Pre-Meal Trivia 1:30 Sensory Group 2:15 Guess the Phrase 3:30 Sentimental Reflection 4:30 Prepare for Dinner 5:30 Dinner Discussions
10:45 Morning Stretches 7 11:30 Daily Chronicles 1:30 Sensory Group 2:15 Worship Circle 3:30 Build -A- Word 4:30 Dinner Readiness 5:30 Dinner Time Chats	9:00 Morning Hello's 8 10:00 Move it Monday 10:50 Discussion Ball 11:30 Pre-Meal Spelling 1:30 Sensory Group (Video) 2:15 Ambient Babies 3:30 Parachute	9:00 Breakfast Wake Up 9 10:00 Chair Dancing 10:50 Spa Hour 11:30 Pre-Meal Spelling 1:30 Sensory Group (Massages) 2:15 Let's Join the Band 3:30 Basketball	9:00 Rise and Shine 10 10:00 Exercise 10:50 Let's Get Crafty 11:30 Pre-Meal Music 1:30 Sensory Group (Pop it) 2:15 Puzzles 3:30 Yoga/Mediation 4:00 Let's Prep for Dinner	9:00 Let's Wake Up 11 10:00 Dancing w/Scarfs 10:40 Music w/ George Mann 11:30 Pre-Meal Trivia 1:30 Sensory Group (Massage) 2:15 Nature Walks 3:30 Jenga 4:00 Dinner Discussion	9:00 Reminiscence w/Friends 12 10:00 Ball Exercises 10:50 Find the Word 11:30 Mid-day Memories 1:30 Sensory Group (Bins) 2:15 Puzzles 3,4 3:30 Yoga/Mediation 3,4 4:00 Dinner Readiness	10:45 Exercise 13 11:30 Pre-Meal This Day in History 1:30 Sensory Visit 2:15 Simon Says/ Hokey Pokey 3:30 Bean Bag Toss 4:30 Dinner Readiness 5:30 Dinner Time Chat
10:45 Let's get Moving 14 11:30 Fun Facts/Trivia 1:30 Sensory Visits 2:15 Worship Circle 3:30 Short Stories 4:30 Dinner Readiness 5:30 Dinner Time Discussions Nursing Home Week Mother's Day	9:00 Morning Visits 15 10:00 Moving w/Music 10:50 Board/Card Games 11:30 Pre-Meal Chronicles 1:30 Sensory Group (Bins) 2:15 Drum Circle 3:30 Refreshments 4:00 One to one Visits	9:00 Breakfast Chat 16 10:00 Let's get Moving Balloon Bop 10:50 Let's Make It 11:30 Pre-Meal Spelling 1:30 Sensory Group (Aroma Therapy) 2:15 Nature Walk in Courtyard 3:30 Enjoy our Treats	9:00 Reminiscence w/Friends 17 10:00 Chair Dancing 10:50 Memory Magic 11:30 Pre-Meal History of the Day 1:30 Sensory Group (Massage) 2:15 Music w/Alicia 3:30 Snack Attack	9:00 Visit our Friends 18 10:00 Morning Stretches 10:50 Arts and Crafts 11:30 Pre-Meal News 1:30 Sensory Group (Music) 2:15 First One Down 3:30 Scarf Dancing 4:00 Dinner Discussion	9:00 Rise and Shine 19 10:00 Bend and Stretch 10:50 Yahtzee 11:30 Pre-Meal News 1:30 Sensory Group 2:15 Table Hockey 3:30 Reminiscence w/Cookies 4:00 Dinner Time Chat	10:45 Bend & Stretch 20 11:30 Pre-Meal Chat 1:30 Sensory Visit 2:15 Balloon Hockey 3:30 Sing -a- Long/Music 4:30 Prepare for Dinner 5:30 Dinner Discussion
10:45 Exercise 21 11:30 Let's Brain Storm 1:30 Sensory Group 2:15 Worship Circle 3:30 Memory Magic 4:30 Dinner Readiness 5:30 Dinner Time Chat	9:00 Morning Hello's 22 10:00 Exercise 10:50 This Day in History 11:30 Pre-Meal Spelling 1:30 Sensory Group (Pop it) 2:15 Simon Says/Hokey Pokey 3:30 Manicures 4:00 Pre-Meal Gab	9:00 Rise and Shine 23 10:00 Moving w/Music 10:50 Bingo 11:30 Pre-Meal Chronicles 1:30 Sensory Group 2:15 Bowling 3:30 Refreshments	9:00 Breakfast Wake Up 24 10:00 Exercise 10:50 Spa Hour 11:30 Pre-Meal Spelling 1:30 Sensory Group (Aroma Therapy) 2:15 Balloon Volleyball 2,3,4 3:30 Nature Walk 2,3,4 4:00 Pre-Meal Chat	9:00 Visit our Friends 25 10:00 Morning Stretches 10:50 Arts and Crafts 11:30 Pre-Meal News 1:30 Sensory Group (Video) 2:15 Let's Get Planting 3:30 Scarf Dancing 4:00 Dinner Discussion Shavuot Begins	9:00 Visit our Friends 26 10:00 Morning Stretches 10:50 Basketball 11:30 Pre-Meal News 1:30 Sensory Group (Massage) 2:15 Courtyard Clean Up 3:30 Refreshments 4:00 Dinner Time Chat	10:45 Exercise 27 11:30 Pre-Meal Trivia 1:30 Sensory Group 2:15 Guess the Phrase 3:30 Sentimental Reflection 4:30 Prepare for Dinner 5:30 Dinner Discussions
10:45 Exercise 28 11:30 Jeopardy 1:30 Sensory Visits 2:15 Worship Circle 3:30 Mind Jugglers 4:30 Dinner Readiness 5:30 Dinner Time Discussions	9:00 Morning Gab 29 10:00 Morning Bebop 10:50 Guess the Phrase 11:30 Pre-Meal Music 1:30 Sensory Group (Bins) 2:15 Walk in the Courtyard 3:30 Tea Time Memorial Day	9:00 Rise and Shine 30 10:00 Dancing w/Scarfs 10:50 First One Down 11:30 Pre -Meal News 1:30 Sensory Group (DVD's) 2:15 Drum Circle 3:30 Refreshments 4:00 One to One Visits	9:00 Morning Discussions 31 10:00 Bend and Stretch 10:50 Build -A- Word 11:30 Pre-Meal Trivia 1:30 Sensory Group (Video) 2:15 Music w/Alicia 3:30 Sort it Out 4:00 Manicures and Music	LOCATION KEY ***Calendar is Subject to Change***		